



12-15th JULY 2018 RAISING MONEY FOR



Our church is developing a new Community Hub facility. As the church has been developing the building plans, it has also been developing Wesley's Community Café which will be at the heart of the Community facility. During 2017 the low prices in Wesley's Café enabled families with young children and older persons to come along regularly and reduce their isolation. In addition to paying customers over 500 free meals have been given to Foodbank clients last year.

- v *Recycling unsold food from supermarkets*
- v *Cooking on a Budget – training people how to cook healthy & affordable meals*
- v *Training and personal development courses*
- v *New facilities for Fylde Foodbank*
- v *Bumblebees Parent & Toddler Group*
- v *Youth activities*

The following are just some of the comments the 60 people attending each day have made:-

- Ø *"It's the reason I get out of bed each day"*
- Ø *"I'd never had an onion in the house before but I left the Cooking on a Budget session, bought the vegetables on my way home and made soup for the family."*
- Ø *"The free food on the recycled food table is a Godsend"*
- Ø *"I've had my tablet for a while but coming to the Digital Cafe has given me confidence to use it."*

The building will also offer interview rooms and a store room for the use of Fylde Food Bank, training to assist people back into employment and to improve self-esteem and self-confidence in people to overcome mental illness

THE ROUTE

Ten cyclists will ride through six Counties in four days covering a distance of nearly 400 miles as they ride from St Annes to Carlisle, on to Durham down to York and then back across the Pennines to St Annes.

HOW YOU CAN GET INVOLVED

Business Sponsors - Have your logo on the cyclists' shirts and publicity material (minimum donation - £250)

Individual Sponsors – by signing a sponsor form

For more information contact Stephen or Linda Heath:-

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Trinity Hospice provides compassionate care on the journey towards the end of life. By 2020 they want everyone on the Fylde Coast to have access to good end of life care in the place they choose: the hospice, the hospital, a residential nursing home or their family home. For over 30 years they have provided excellence in specialist palliative care and have a huge impact in the community, touching the lives of around

8,000 local people every year. Demand for their care keeps on growing and their services evolve to meet changing expectations. Open 24 hours a day, every day of the year, they are rated 'outstanding' and are proud of their modern facilities and high standards. But they are much more than a set of buildings – their nursing teams work at the hospital and out in the community, day and night, covering every part of the Fylde Coast.